

Habits of good learners

Fill in the grid. Tick if you think the statement applies to you, and cross if you think it doesn't apply.

Having breakfast	✓	✗
Arriving on time for classes		
Being prepared for learning with pens, pencils, glasses if needed, notebook, organised ring-binder		
Organising notes and handouts in ring-binder with dividers and clear labels		
Planning and using time well in class		
Having goals		
Contributing to group discussions		
Concentrating		
Using the computers, the student portal, the internet and the library regularly		
Working out your strengths and weaknesses		
Asking for and receiving help when you need it		
Being flexible - being ready to try different ways of learning		
Not being afraid to say 'I don't understand that. Could you please go through it again?' (Some people nod and pretend they understand when they don't because they don't want to call attention to themselves.)		
Using a Study Organiser to get a long term view of your study commitments over a semester		
Can you add anything else to this list?		